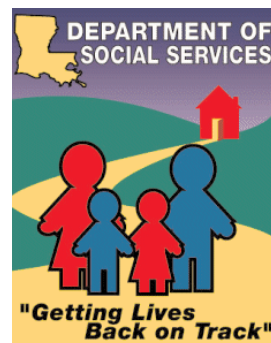


The Louisiana Department of Social Services  
URGES YOU TO  
**SLEEP SAFE**  
AND  
**SLEEP SOUND**  
BY FOLLOWING THESE GUIDELINES:



**YOUR BABY SLEEPS SAFEST IN HIS OR HER OWN BED**

- **Never** sleep with your baby on a couch
- **Never** in an arm chair or with a pillow
- **Never** on a waterbed and
- **Never** sleep with a baby or toddler while under the influence of medication, alcohol or drugs.



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